

SLEEP ACADEMY - CME Hours

This program has been reviewed and is approved for a maximum of 15.00 AAPA Category 1 CME credits by the AAPA Review Panel. PA's should claim only those hours actually spent participating in the CME activity.

The following table shows the CME Credits for each of the 10 sessions of Sleep Academy. The right column lists the amount of time allotted to pharmacology topics. We hope this table is helpful to you in tracking your overall CME and any pharmacology requirement.

	CME Hours	Pharmacology Component
Session 1 - Understanding Normal Sleep	1.50	0.25
Session 2 - Sleep Studies	1.50	0.00
Session 3 - Overview of Obstructive Sleep Apnea	1.50	0.25
Session 4 - Therapy Options for Obstructive Sleep Apnea	1.50	0.25
Session 5 - Central Sleep Apnea Syndromes	1.50	0.25
Session 6 - Approaches to Insomnia	1.50	1.00
Session 7 - Hypersomnia - Causes and Therapies	1.50	1.00
Session 8 - Restless Leg Syndrome and Parasomnias	1.50	1.00
Session 9 - Common Circadian Wake/Sleep Disorders	1.50	0.50
Session 10 - Sleep Pharmacology	1.50	1.50
Sleep Academy - Includes All 10 Sessions	15.00	6.00